



QUALIFI

SUCCESS THROUGH LEARNING
RECOGNISED WORLDWIDE

Level 3 Award in Basic Life Support and Management of Anaphylaxis

Qualification Specification

July 2023

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About QUALIFI

QUALIFI is recognised and regulated by Ofqual (Office of Qualifications and Examinations Regulator). Our Ofqual reference number is RN5160. Ofqual regulates qualifications, examinations, and assessments in England.

As an Ofqual recognised Awarding Organisation, QUALIFI is required to conduct external quality assurance to ensure that centres approved for the delivery and assessment of QUALIFI's qualifications meet the required standards.

Why Choose QUALIFI Qualifications?

QUALIFI qualifications aim to support learners to develop the necessary knowledge, skills and understanding to support their professional development within their chosen career and/ or to provide opportunities for progression to further study.

Our qualifications provide opportunities for learners to:

- apply analytical and evaluative thinking skills.
- develop and encourage solving and creativity to tackle problems and challenges.
- exercise judgement and take responsibility for decisions and actions.
- develop the ability to recognise and reflect on personal learning and improve their personal, social, and other transferable skills.

Employer Support for the Qualification Development

During the development of this qualification QUALIFI consults with a range of employers, providers, and existing centres (where applicable) to ensure rigour, validity, and demand for the qualification and to ensure that the development considers the potential learner audience for the qualification and assessment methods.

Equality and Diversity

QUALIFI's qualifications are developed to be accessible to all learners who are capable of attaining the required standard. QUALIFI promotes equality and diversity across aspects of the qualification process and centres are required to implement the same standards of equal opportunities and ensure teaching and learning are free from any barriers that may restrict access and progression.

Learners with any specific learning need should discuss this in the first instance with their approved centre who will refer to QUALIFI's Access to Fair Assessment Policy.

Qualification Title and Accreditation Number

This qualification has been accredited to the Regulated Qualification Framework (RQF) and has its own unique Qualification Accreditation Number (QAN). This number will appear on the learner's final certification document. Each unit within the qualification has its own RQF code. The QAN for this qualification is as follows:

QUALIFI Level 3 Award in Basic Life Support and Management of Anaphylaxis 610/3072/7

Qualification Aims and Learning Outcomes

Aims of the QUALIFI Level 3 Award in Basic Life Support and Management of Anaphylaxis

The aim of the QUALIFI Level 3 Award in Basic Life Support and Management of Anaphylaxis is to provide learners with the skills, knowledge and understanding to provide basic life support and management of anaphylaxis.

This qualification is for individuals with a specific interest or a responsibility at work, home or for a voluntary community activity, who are expected to be able to provide basic life support and manage anaphylaxis in an emergency.

Successful completion of the QUALIFI Level 3 Award in Basic Life Support and Management of Anaphylaxis provides learners with the opportunity to progress to further study or employment.

Requalification requirements

This qualification is valid for 1 year. The learner must retake this qualification prior to the expiry date to remain qualified.

Learning outcomes of the QUALIFI Level 3 Award in Basic Life Support and Management of Anaphylaxis

The overall learning outcomes of the qualification are for learners to:

- be able to assess the casualty.
- be able to carry out the recovery position.
- be able to provide CPR (Cardiopulmonary Resuscitation).
- be able to provide safe use of an AED (Automated External Defibrillator).
- be able to manage anaphylaxis in an emergency.

The learning outcomes and assessment criteria for the unit are outlined in the unit specifications.

Delivering the Qualification

External Quality Assurance Arrangements

All centres are required to complete an approval process to be recognised as an approved centre. Centres must have the ability to support learners. Centres must commit to working with QUALIFI and its team of External Quality Assurers (EQAs). Approved Centres are required to have in place qualified and experienced tutors, all tutors are required to undertake regular continued professional development (CPD).

Approved centres will be monitored by QUALIFI External Quality Assurers (EQAs) to ensure compliance with QUALIFI requirements and to ensure that learners are provided with appropriate learning opportunities, guidance, and formative assessment.

QUALIFI's guidance relating to invigilation, preventing plagiarism and collusion will apply to centres.

QUALIFI, unless otherwise agreed:

- sets all assessments.
- quality assures assessments prior to certification.
- awards the pass or fail result and issues certificates to successful learners.

Trainer Requirements

All trainers are expected to have the skills, knowledge, and experience to be able to teach and demonstrate this subject.

Each Trainer must have:

- A current first aid at work qualification or medical registration
- Level 3 Award in Education and Training, or equivalent, or a minimum of 3 years' experience teaching first aid.
- A current log/record of teaching first aid

Assessor Requirements

All assessors are expected to have the skills, knowledge, and experience to be able to teach, demonstrate and assess this subject.

Each Assessor must have:

- A current first aid at work qualification or medical registration
- A formal qualification in Assessing, or a minimum of 3 years' experience assessing first aid.

- Level 3 Award in Education and Training, or equivalent, or a minimum of 3 years' experience teaching first aid.
- A current log/record of teaching first aid

Internal Quality Assurance Requirements

Each centre must have access to a suitably qualified Internal Quality Assurer (IQA). The IQA cannot quality assure the delivery or assessment of individual learners or cohorts of learners where the IQA has been involved in the delivery or assessment of the qualification for those learners.

Trainers, Assessors and IQAs are expected to keep up to date with the subject area and must provide evidence of CPD.

Learner Induction and Registration

Approved Centres should ensure all learners receive a full induction to their study programme and the requirements of the qualification and its assessment.

All learners should expect to be issued with the course handbook and a timetable and meet with their personal tutor and fellow learners. Centres should assess learners carefully to ensure that they are able to meet the requirements of the qualification and that, if applicable, appropriate pathways or optional units are selected to meet the learner's progression requirements.

Centres should check the qualification structures and unit combinations carefully when advising learners. Centres will need to ensure that learners have access to a full range of information, advice, and guidance to support them in making the necessary qualification and unit choices. During recruitment, approved centres need to provide learners with accurate information on the title and focus of the qualification for which they are studying.

All learners must be registered with QUALIFI within the deadlines outlined in the QUALIFI Registration, Results and Certification Policy and Procedure.

Entry Criteria

There are no other pre-requisites for this qualification. Entry is at the discretion of the centre; however, learners should be able to work at Level 3 and above and should be aged 16 years and over.

Learners must demonstrate first aid procedures as part of their assessment, as they would in a real work environment, including providing CPR to a casualty on the floor. Therefore, learners must be physically capable of performing CPR on the floor.

Learners must have sufficient command of the English language to understand and undertake the recommended assessment methods for this qualification.

Venue and Equipment required

Places for delivery must be beneficial to learning and it is the Centre's responsibility to ensure that all premises used for the purpose of training and assessment are suitable and adequate, this is whether the training is in-house or a hired training room. They must comply with current legislation.

It is important that a wide range of learning resources and equipment is available to support delivery.

The minimum requirements are listed below:

Resources	Requirements
Audio-visual (AV) equipment and training aids	Sufficient equipment must be available to facilitate learning using a variety of teaching methods
Learning Resources	Learners are provided with accurate and clear reference books/handouts that cover the topics within the qualification.
Training Venue	The venue must meet acceptable health and safety standards and be beneficial to learning and of a sufficient size, with sufficient floor surfaces, seats, writing surfaces, toilet facilities, ventilation, lighting, heating, access and exits. It should be clean and with an absence of any distracting noises.
AED (Automated external defibrillator) trainers	Learners should be provided with at least one AED machine and the relevant reference books/handouts to support the use of the AED trainer. Procedures should be sufficient to maintain hygiene when using resuscitation manikins and other training equipment.
Adrenaline Auto-Injector (AAI) training devices	A selection of Adrenaline Auto-Injector training devices to be available to facilitate training and assessment. The minimum must include: <ul style="list-style-type: none"> • Emerade • EpiPen • Jext
Resuscitation manikins	A minimum ratio of one manikin to every six learners to facilitate training and assessment of rescue breaths, chest compressions and Automated External Defibrillation (AED) pad placement.

	Sufficient procedures in place to maintain hygiene when using resuscitation manikins and other training equipment.
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Learner to Trainer ratio

To maintain the quality of teaching and assessment, class ratios should be no more than **twelve** learners to **one** trainer/assessor.

Recognition of Prior Learning

Recognition of Prior Learning (RPL) is a method of assessment (leading to the award of credit) that considers whether learners can demonstrate that they can meet the assessment requirements for a unit through knowledge, understanding or skills they already possess and so do not need to develop through a course of learning.

QUALIFI encourages centres to recognise learners' previous achievements and experiences whether at work, home or at leisure, as well as in the classroom. RPL provides a route for the recognition of the achievements resulting from continuous learning. RPL enables recognition of achievement from a range of activities using any valid assessment methodology. Provided that the assessment requirements of a given unit or qualification have been met, the use of RPL is acceptable for accrediting a unit, units, or a whole qualification.

Evidence of learning must be valid and reliable. For full guidance on RPL please refer to QUALIFI's *Recognition of Prior Learning Policy*.

Data Protection

All personal information obtained from learners and other sources in connection with studies will be held securely and will be used during the course and after they leave the course for a variety of purposes and may be made available to our regulators. These should be all explained during the enrolment process at the commencement of learner studies. If learners or centres would like a more detailed explanation of QUALIFI policies on the use and disclosure of personal information, please contact QUALIFI via email support@qualifi-international.com

Learner Voice

Learners can play an important part in improving the quality through the feedback they give. In addition to the on-going discussion with the course team throughout the year, centres will have a range of mechanisms for learners to feed back about their experience of teaching and learning.

Professional Development and Training for Centres

QUALIFI supports its approved centres with training related to our qualifications. This support is available through a choice of training options offered through publications or through customised training and qualifications for your centre.

The support we offer focuses on a range of issues including:

- planning for the delivery of a new programme
- planning for assessment and grading
- developing effective assignments
- building your team and teamwork skills
- developing learner-centred learning and teaching approaches
- building in effective and efficient quality assurance systems.

Please contact us for further information.

Progression and Links to other QUALIFI Programmes

The QUALIFI Level 3 Award in Basic Life Support and Management of Anaphylaxis is an essential pre-requisite for learners undertaking the Qualifi Level 4 suite of Aesthetic related qualifications, Level 5 and Level 7 Aesthetic Practice qualifications.

Completing the QUALIFI Level 3 Award in Basic Life Support and Management of Anaphylaxis qualification will also support learners in associated professions, where these skills are a desired requirement e.g., nursery and childcare workers, residential care workers, medical assistants, senior support workers, assistant/deputy managers, service managers, learning and teaching professionals.

Qualification Structure and Requirements

Credits and Total Qualification Time (TQT)

The QUALIFI Level 3 Award in Basic Life Support and Management of Anaphylaxis comprises 1 credit which equates to 5 hours of TQT and 4 hours of GLH.

Total Qualification Time (TQT): is an estimate of the total amount of time that could reasonably be expected to be required for a learner to achieve and demonstrate the achievement of the level of attainment necessary for the award of a qualification.

Examples of activities that can contribute to Total Qualification Time include guided learning, independent and unsupervised research/learning, unsupervised compilation of a portfolio of work experience, unsupervised e-learning, unsupervised e-assessment, unsupervised coursework, watching a pre-recorded podcast or webinar, unsupervised work-based learning.

Guided Learning Hours (GLH): are defined as the time when a tutor is present to give specific guidance towards the learning aim being studied on a programme. This definition includes lectures, tutorials, and supervised study in, for example, open learning centres and learning workshops, live webinars, telephone tutorials or other forms of e-learning/blended learning supervised by a tutor in real time. Guided learning includes any supervised assessment activity; this includes invigilated examination and observed assessment and observed work-based practice.

Rules of Combination for QUALIFI Level 3 Award in Basic Life Support and Management of Anaphylaxis

The unit is mandatory.

Unit Reference	Mandatory Units	Level	TQT	Credit	GLH
F/650/8046	Basic Life Support and Management of Anaphylaxis	3	5	1	4
Total			5	1	4

Achievement Requirements

Learners must demonstrate they have met all learning outcomes and assessment criteria for all the required units to achieve this qualification. QUALIFI will issue certificates to all successful learners via their registered centres.

Awarding Classification/Grading

This qualification grading is **Pass/Fail**.

All units will be internally assessed through written assignment, internally marked by the QUALIFI approved centre and subject to external quality assurance by QUALIFI.

Assessment Strategy and Methods

Learner assessments will be internally marked by the approved centre and will be subject to external quality assurance by QUALIFI prior to certification.

Learners are assessed for this qualification through:

Short Answer Question Paper

The SAQ paper will be taken under invigilated assessment conditions, i.e., learners will sit a minimum of 1.25m from the next learner, will not confer during the assessment and no electronic devices (such as mobile phones) or books, including dictionaries, will be permitted.

Theory Assessment

Language of assessment	English
Duration	30 minutes
Pass mark	100%
Grading	Pass/Fail

Practical Tasks

Learners are assessed completing several practical BLS tasks using simulation.

- The recovery position should be carried out on a person.
- CPR and AED should be carried out on a resuscitation manikin.
- Training adrenaline injectors should be used when simulating the treatment of anaphylaxis.

Language of assessment	English
Duration	As required
Pass mark	100%
Grading	Pass/Fail

Unit Specifications

Unit: BLSA301 Basic Life Support and Management of Anaphylaxis

Unit code: F/650/8046

RQF Level: 3

Unit Aim:

The aim of this unit is to allow the learner to develop the skills, knowledge and understanding required to provide basic life support and manage anaphylaxis in an emergency.

Learning Outcomes and Assessment Criteria

Learning Outcomes	Assessment Criteria
When awarded credit for this unit, a learner will:	Assessment of this learning outcome will require a learner to demonstrate that they can:
1. Be able to manage an unresponsive casualty who is breathing normally	1.1 Assess the area for danger
	1.2 Assess the casualty's level of consciousness
	1.3 Demonstrate how to open a casualty's airway and check for breathing
	1.4 Demonstrate how to place an unresponsive casualty in the recovery position
2. Be able to manage an unresponsive casualty who is not breathing normally	2.1 Identify the need to carry out Cardiopulmonary Resuscitation (CPR) and/or AED (Automated External Defibrillator)
	2.2 Carry out CPR on a manikin
	2.3 Carry out AED on a manikin
3. Know how to recognise a casualty with anaphylaxis	3.1 Define anaphylaxis
	3.2 Identify common triggers for anaphylaxis
	3.3 Recognise the signs and symptoms of anaphylaxis

	3.4 State the possible life-threatening symptoms of an anaphylactic reaction
4. Be able to manage a casualty with anaphylaxis	4.1 Administer treatment to a casualty suffering from anaphylaxis including calling for assistance and casualty positioning
	4.2 Prepare appropriate medication for administration during an anaphylactic reaction
	4.3 State key features of various adrenalin auto-injectors
	4.4 Demonstrate safe use of an adrenaline auto-injector using a training device
	4.5 State how to safely dispose of sharps

Assessment Guidance

For the assessment of knowledge and understanding criteria, learners are required to provide written responses to the questions in this workbook, providing examples drawn from the workplace or case studies where possible. It is a requirement that learners are able to analyse and demonstrate their understanding by use of theories, principles and models that are relevant to the subject matter. Simulation is allowed for practical assessments.

Unit: BLSA301 Basic Life Support and Management of Anaphylaxis

1. The learner will: Be able to manage an unresponsive casualty who is breathing normally		
Assessment Guidance: The learner must be able to:		Types of Evidence
1.1	Assess the area for danger including demonstrating their awareness of the environment, including other hazards that could affect themselves, potential casualties, and bystanders. (Conducting a scene survey).	Observation
1.2	Assess the casualty's level of consciousness demonstrating their awareness of dangers, response, gently shake and shout.	Observation
1.3	Demonstrate how to open a casualty's airway and check for breathing including a breathing check for 10 seconds, open airway (head and chin lift).	Observation
1.4	Demonstrate how to place an unresponsive casualty in the recovery position in accordance with current Resuscitation Council (UK) guidelines, call 999 or 112.	Observation

2. The learner will: Be able to manage an unresponsive casualty who is not breathing normally		
Assessment Guidance: The learner must be able to:		Types of Evidence
2.1	Identify the need to carry out Cardiopulmonary Resuscitation (CPR) and/or AED (Automated External Defibrillator) making a distinction between casualties who require resuscitation and those who should be placed in the recovery position. If someone is having a cardiac arrest call 999, start CPR and send someone	Observation

	to fetch a defibrillator.	
2.2	Carry out CPR on a manikin in accordance with current Resuscitation Council (UK) guidelines. Must include CPR on an adult and/or child CPR manikin, which is appropriate for the learner.	Observation
2.3	Carry out AED on a manikin in accordance with current Resuscitation Council (UK) guidelines. Must include AED on an adult and/or child CPR manikin, which is appropriate for the learner.	Observation

3. The learner will: Know how to recognise a casualty with anaphylaxis		
Assessment Guidance: The learner must be able to:		Types of Evidence
3.1	Define anaphylaxis e.g., an extremely severe and potentially life threatening reaction to a trigger such as an allergy that develops very quickly. Caused by an immune system problem, where it overreacts to a harmless substance, releasing a number of different chemicals e.g., histamine, to deal with the perceived threat.	SAQ
3.2	Identify common triggers for anaphylaxis include an allergic reaction to something eaten, inhaled or applied to the skin or a sting. Food, e.g. nuts, milk, fish, shellfish, eggs and some fruits. Medicine e.g. antibiotics, ibuprofen, aspirin, general local anaesthetics, botulinum toxin, contrast dyes used in medical tests. Insect stings e.g., bees or wasp stings. Latex, exercise. Sometimes there is no obvious trigger.	SAQ
3.3	Recognise the signs and symptoms of anaphylaxis to include at a minimum; feeling lightheaded or faint, swelling of the mouth, throat or tongue, breathing difficulties e.g. fast, shallow breathing and/or wheezing, swallowing difficulties, a fast heartbeat, clammy skin, swollen eyes, lips, hands and feet, itchy skin or raised red rash, confusion, anxiety, abdominal pain, nausea and vomiting, collapsing or losing consciousness.	SAQ
3.4	State the possible life-threatening symptoms of an anaphylactic reaction to include injury and death	SAQ

4. The learner will: Be able to manage a casualty with anaphylaxis		
Assessment Guidance: The learner must be able to:		Types of Evidence
4.1	<p>Administer treatment to a casualty suffering from anaphylaxis including calling for assistance and casualty positioning, dial 999, casualty will require medical assistance after use of the adrenaline auto-injector.</p> <p>Must include both a casualty showing signs of life-threatening circulation problems and a casualty with difficulty breathing who does not show signs of circulatory problems.</p> <p>ABC Check includes – A: Airway B: Breathing and C: Circulation</p>	Observation
4.2	<p>Prepare appropriate medication for administration during an anaphylactic reaction following the manufacturer’s instructions, check expiry date, check dose is suitable for adult or child</p>	Observation
4.3	<p>State key features of various adrenaline auto-injectors to include:</p> <p>Emerade- one large needle exit, needle guard, longest needle 23mm for 300 and 500µg dose and 16mm for 150µg dose, available in 150µg, 300µg and 500µg, all white.</p> <p>EpiPen - needle length 13-16mm, one step, flip top designed for single hand use, blue safety release cap, bright orange tip for needle identification end, Never-see-Needle™, inspection window, doses adult 300µg and child 150µg</p> <p>Jext- needle length 13-16mm, can be used through clothing, yellow cap, black tip, doses adult 300µg and child 150µg.</p>	SAQ
4.4	<p>Demonstrate safe use of an adrenaline auto-injector using a training device follow manufacturer’s instructions e.g., remove needle cap, press against the outer thigh (intramuscular injection), can be through clothing, hold for 5 seconds, massage injection site lightly, call 999</p>	Observation
4.5	<p>State how to safely dispose of sharps to include: do not touch the needle, replace lid, if possible, can be taken to the hospital for disposal when the casualty is taken in, the GP or pharmacist, if for personal use a yellow lidded sharps container.</p>	SAQ

Contact Details

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