

Qualifi Level 4 Diploma in Coaching (Health Practitioner)

An Ofqual Regulated Qualification



An Ofqual Recognised Awarding Organisation

Qualifi Level 4 Diploma in Coaching (Health Practitioner)

Qualifi is a leading 21st-century awarding organisation founded to meet the developing education and training needs of learners and employers from the UK and around the globe.

As a recognised UK awarding organisation, regulated by Ofqual, Qualifi is able to give assurances to employers, centres and learners of consistent, rigorous, quality standards and valid, valued learning.

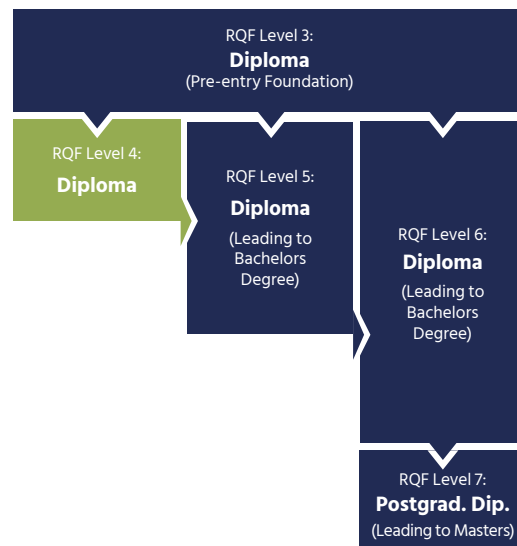
Message from Dr Penny Hood - Chair Governance Council

I warmly welcome you to our global academic community, of which you are now an important member. Qualifi will ensure your access to the first class education needed to achieve your goals and dreams and to maximise future opportunities. May I take this opportunity to wish each of you success and enjoyment on your academic journey.



Message from Jason Goodyear - Chief Executive Officer

Whether you are a learner, employer or centre, I want to personally welcome you. In partnership with employers and learning centres, Qualifi helps learners develop the knowledge, skills and abilities needed for success in the 21st century. Thank you for choosing Qualifi to lead you on this learning journey.



Progression Details

The Level 4 Diploma in Coaching (Health Practitioner) is accredited at Level 4 with a total equivalence of 120 credits. It is envisaged that learners completing the Level 4 diploma will progress to the Qualifi Level 5 qualification.



“Qualifi is our proud partner helping shape a brighter future in global education, that empowers progress through better education for learners from all communities. Their practical approach to assessments and learning material are key to building skills and to progressing in one’s career.”

Dr. Saleem Afzal

City University College of Ajman

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Course Overview

The Level 4 Diploma in Coaching (Health Practitioner) programme has been created to develop and reward the coaches and managers of today and the future, and to continue to bring recognition and professionalism to the coaching sectors. A health coach is a supportive mentor and wellness authority who works with clients to help them feel their best through food and lifestyle changes. Instead of prescribing one diet or way of exercising, health coaches tailor individualised wellness programs to meet their clients' needs.

Mandatory Units

- Understand and Establish a Coaching Agreement
- Create Positive Coaching Relationship
- Effective Communication in a Coaching Environment
- Action Planning and Goal Setting for Coaching
- Manage Progress and Accountability in a Coaching Environment
- Meet Ethical and Professional Coaching Standards

Progression Pathways

Upon completing this Level 4 diploma, learners can progress to a Qualifi Level 5 Diploma or the second year of undergraduate study.

Learners can also step directly into employment in an associated profession.

Entry Requirements

Entry to the qualification will be through centre interview and learners will be expected to hold qualifications at Level 3 and/or spent some time in an organisational role.

Learners with considerable experience but no formal qualifications may be considered.



“Qualifi has helped me to progress & complete my higher studies in a short time period and it’s so flexible to study. I’ve gathered a lot of knowledge and I’m so thankful to everyone who helped at Qualifi.”

Student
City University College

Learning Outcomes

The learning outcomes of the diploma are:

- **Understand and apply** the principles of coaching in a health environment.
- **Review and apply** the principles of coaching and health management within the industry.
- **Improve the employability** of learners by exploring the relationship between management theories and their practical application in the business world.
- **Manage one’s own personal** development and growth.



Career Opportunities

Primary areas of employment include:

- Private coaching
- Wellness workshops
- Education and reform initiatives
- Product development
- Health and Lifestyle Blogger
- Corporate Health Coach



“Qualifi awarding body is very practical and useful for managers to tackle a variety of the problems in the real corporate world. The contents are accredited by OfQual and it is evident how a UK qualification is worthwhile “

Dr.Motohiro Kita
CEO of ExeJapan

Relevant, Accessible & Credible



As a recognised UK awarding organisation regulated in England by Office of Qualifications and Examinations Regulation (Ofqual), Qualifi is able to give assurances to employers, centres and learners of consistent, rigorous, quality standards and valid, valued learning.

Our portfolio includes regulated qualifications as well as bespoke qualifications that include endorsed and certified programmes. Visit www.qualifi.net



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